

Game 4: Singing Dialogue

♪ Siiiing your scriiiipt! ♪

That's right. You heard me. I sang 'sing your script'. No, it doesn't matter what the melody is. Yes, you can wait until the house is cleared.

Sing the script and sing it loud! Singing it loud will cause you to hit the words with an unfamiliar force. You'll discover meanings and phrasings that amuse you, confuse you and infuse you with more energy than you thought possible.

If you can manage a high energy level, you'll be unstoppable and irresistible to watch. Wouldn't that be nice? Well, this is how you get there.

And of course it also affects your body in a profound way. It completely changes the way you move. But it's undeniably, individually, unmistakably you. Even though one second you're all staccato and the next you're all legato. And this is without trying to dance and not giving your body a second thought.

This is the zen golf swing. The perfect meeting zone of non-thought and non-critical reaction. And it's really fun. Please give it a try. This is one of the most powerful Role-building exercises I've ever run across.

At this point just make a note in the "Self-Coaching" thread and the next Section will open up. This is a big one. It's the way to use movement to reverse engineer your way into your Role.

These are extremely powerful techniques all by themselves, even without the right energy working in your favor. But now that you've discovered your Role, the energies of your audience and how to coax out an exciting performance for the camera, I would get prepared for an explosion of expertise to jump out of you.

Your on-camera work is about to take on a kind of smooth professionalism that no one in your area of expertise even thinks is possible.

