



Section I - Lesson 2 - Emotions and Energy

The Neutral Emotions

Acceptance
Ambivalence
Attentiveness
Bored
Brooding
Calm
Carefree
Comfortable
Content
Ennui
Flakey
Focused
Idleness
Indifference
Insightful
Lazy
Modesty

Neglect
Nostalgic
Numb
Patience
Pensiveness
Perplexed
Politeness
Puzzled
Relaxed
Satisfaction
Self-respecting
Self-understanding
Serenity
Stuck
Submissive
Tired
Tolerance

Uncertainty
Undermined
Unsettled
Unsure
Vengeful
Uneasiness
Vulnerable
Weak